

META Packages

These executive health screening packages have been specially crafted for META employees

Note:

1. All packages include medical history interview by doctor, physical examination by doctor and medical report
2. Health Screening is complimentary for eligible META staff (Package entitlement base on employee's age)
3. Dependents can opt for packages on self-payment basis (Package A : \$288.85, Package B : \$419.65 , Package C : \$599.50 **inclusive of 9% prevailing GST*)
4. Package parameters are not refundable nor replaceable
5. The customised packages cannot be used in conjunction with any other ongoing discounts, promotions , packages or privileges
6. Appointments are required for all health screening packages
7. Packages are valid until 31 Dec 2024

Package Detail	Package A (<35 years old)	Package B (35 to 45 years old)	Package C (>45 years old)
Laboratory Tests			
Complete Haematological Parameters (CBC)	✓	✓	✓
Erythrocyte Sedimentation Rate (ESR)	✓	✓	✓
Liver Function Test (LFT)	✓	✓	✓
Kidney Function Test (KFT)	✓	✓	✓
Blood Glucose	✓	✓	✓
Lipid / Cholesterol Profile	✓	✓	✓
Blood Grouping (ABO & Rhesus)	✓	✓	✓
Gout: Uric Acid	✓	✓	✓
Thyroid Screen: Free T4 / TSH	✓	✓	✓
Bone Mineral Status: Calcium & Phosphate	✓	✓	✓
Immunology: Rheumatoid Factor	✓	✓	✓
Hepatitis A / B Screening	✓	✓	✓
Venereal Disease: VDRL / TPHA	✓	✓	✓
Tumour Marker: Liver (AFP)	✓	✓	✓
Tumour Marker: Colon (CEA)	✓	✓	✓
Tumour Marker: Prostate (PSA), Men only	✓	✓	✓
Tumour Marker: Ovary (CA 125), Ladies only	✓	✓	✓
Urine FEME	✓	✓	✓
Stool Occult Blood	✓	✓	✓
Pap Smear, Ladies only	✓	✓	✓
Radiology			
Chest X-Ray	✓	✓	✓
Other Tests			
12 Leads Resting Electrocardiogram (ECG)	✓	✓	✓
Spirometry (Lung Function Assessment)		✓	✓
Tonometry (Glaucoma Screen)			✓
Variable Tests			
Ultrasound Liver		Choose 1 out of 6	Choose 2 out of 7
Stress Treadmill ECG			
Ultrasound Prostate, Men only			
Ultrasound Pelvis (Transabdominal), Ladies only			
Ultrasound Breasts, Ladies only			
Mammogram, Ladies only			
Ultrasound Abdomen			
Ultrasound Thyroid			